# LUNCH MENU

**LUNCH PRICE IS $2.50 • MENU IS SUBJECT TO CHANGE • For more information email hmielnicki@oneida-boces.org**

## Available Daily:
- Fresh Entrée Salads, Party Plates, Assorted Subs and Sandwiches, Peanut Butter and Jelly Sandwich, Assorted Fresh Fruit, Vegetable Cruncher Cup, Variety of Fresh Fruit and Juice, Ice Cold New York State Milk.

### Local Items this Month:
- Milk, Cheddar Cheese, Yogurt, Butternut Squash, Sweet Potatoes, Mini Potatoes, Apples, Cabbage, Carrots, Pork, Meatballs, Maple Syrup, Salad Greens, Kale, Hot Dogs. Items are bolded on menu.

### Harvest of the Month: Carrots & Maple Syrup
- Carrots are packed with Vitamin A, which is great for eye health! They are also packed with fiber and antioxidants. Maple Syrup is an all-natural sweetener, high in calcium, thiamin, potassium and copper!

### Foodservice Helper Substitutes Needed in all districts, call 315-738-0848 for more information!

### Please use My School Bucks to put money on your child's account, or send in checks to the school. Please do not send cash.

### March 2020 • New York Mills Elementary School

### Monday
- **02** Chicken Nuggets
- **02** Terrific Tuna Sandwich
- **03** Tiny Broccoli Trees
- **03** Steamy Rice

### Tuesday
- **04** Mexican Tacos
- **04** Lettuce, Cheese, Tomato Cup
- **04** Corn Kernels

### Wednesday
- **05** BBQ Pulled Pork
- **05** Ham & Cheese Sandwich
- **05** Mini Salt Potatoes
- **05** NY Sunshine Bar

### Thursday
- **06** Whole Grain French Toast Sticks
- **06** Bologna & Cheese Sandwich
- **06** Breakfast Sausage
- **06** Hash Brown Patty

### Friday
- **07** Cheesy Cheese Pizza
- **07** Pepperoni Pizza
- **07** Fresh Garden Salad
- **07** Local Very Berry Yogurt

### Additional Options:
- Popcorn Chicken Bites
- Terrific Tuna Sandwich
- Tiny Broccoli Trees
- Tomato Pie
- Fresh Veggie Cup
- Cereal
- Cookies
- Milk
- Bread
- Beverages
- Fruit
- Vegetables
- Salad
- French Fries
- Soup

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**Day 1**
- Chicken Patty or Chicken Parmesan Sandwich
- Terrific Tuna Sandwich
- Oven Fries

**Day 2**
- Popcorn Chicken Bites
- Pesto Chicken Wrap
- Tiny Broccoli Trees
- Pesto Mac & Cheese

**Day 3**
- Chicken Tenders
- Terrific Tuna Sandwich
- Tiny Broccoli Trees
- Buttered Rotini

**Day 4**
- Mexican Tacos
- Deli Turkey Sandwich
- Lettuce, Cheese, Tomato Cup
- Corn Kernels

**Day 5**
- Local All Beef Hot Dog
- Ham & Cheese Sandwich
- Honey Carrot Bars
- Grape Slushee

**Day 6**
- Breakfast Sausage
- Hash Brown Patty
- Whole Grain French Toast Sticks
- Bologna & Cheese Sandwich

**Day 7**
- Cheesy Cheese Pizza
- Pepperoni Pizza
- Fresh Garden Salad
- Local Very Berry Yogurt

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**Day 8**
- Chicken Nuggets
- Terrific Tuna Sandwich
- Tiny Broccoli Trees
- Mac & Cheese

**Day 9**
- Burrito Bowls!
- Deli Turkey Sandwich
- Corn Kernels
- Steamy Rice

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**Day 10**
- Mozzarella Sticks with Dipping Sauce
- Ham & Cheese Sandwich
- Carrot Coins

**Day 11**
- Dip N Sip (Grilled Cheese & Tomato Soup)
- Tuna Melt
- Fresh Veggie Cup

**Day 12**
- Local Dino's Meatball Sub
- Ham & Cheese Sandwich
- Maple Glazed Carrots

**Day 13**
- Bacon Cheeseburger
- Bologna & Cheese Sandwich
- Fresh Veggie Cup

**Day 14**
- Superintendent's Day- NO SCHOOL!